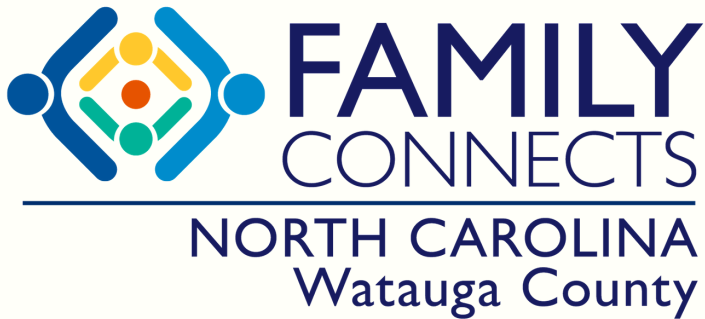




Congratulations  
on the arrival  
of your  
new baby!



In the coming weeks, you may have many questions. Most new parents do! Family Connects Watauga wants you to know that you have a support network ready to answer them. In the weeks after baby's birth, Family Connects Watauga can meet with you virtually for an "in-home" visit. We focus on how you are feeling and can provide peace of mind for questions or worries you may have. One of our trained Registered Nurses can check baby's health, offer advice on feeding baby, helping big siblings adapt, calming a fussy baby, and so much more!

**All families in Ashe, Avery and Watauga counties are eligible.**

Learn more:



[familyconnects.apphealthcare.com](https://familyconnects.apphealthcare.com)

And when you're ready, you can call, text, or visit our website to schedule an appointment.

**CONTACT US!**

**CALL**  **OR TEXT** 

**(828) 795-1917**

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[familyconnects.apphealthcare.com](https://familyconnects.apphealthcare.com)



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